Dear Parents and Guardians,

Parental Leave: Melissa di Cesare begins her parental leave at the end of this term. I would like to thank her for her many years of service to the children and community of St Andrew’s, and wish her and her husband all the best in the upcoming birth of their child. Such exciting times for them. Miss Jessica Watkins will be teaching in 3W in Term 4.

Magical Moments and Window on my Work: The children’s folders come home on the last day of term so that you can celebrate their achievements during the year. You will notice that there are places for you to write your comments and reflections about your child’s progress so please take these opportunities to affirm your child’s work. All folders need to be returned to school early in Term 4. They will not be coming home at the end of the year as they are a two year document. They will be passed on to the next class teacher, other than Year 6.

NAPLAN: The Year 3 and Year 5 students NAPLAN results will be sent home on Monday 24th September with the students. Please look out for these important documents which are one measure of your child’s academic progress. If you have any concerns about the results, please make an appointment to see your child’s class teacher.

Junior Primary Playground: Bridget Jones, our Assistant Principal, recently requested ideas for a new playground from parents in the junior primary area. She has not received many replies! If you have ideas that you wish to present, or can recommend companies that build playgrounds, please contact Bridget, as we intend redesigning the junior playground during the Christmas holidays. All ideas and suggestions are welcomed.

Leave: I am attending the Australian Primary Principals Conference in Melbourne this week and will be taking leave in Week 10. Bridget Jones will be acting Principal in my absence. Warren Smith, Assistant Principal, is on long service leave from Friday 21st September until Monday 29th October.

God bless you
Eileen Climo
Principal

NOTES TO GO HOME NEXT WEEK

Term 4 Planner
Canteen Menu

VISION STATEMENT
St Andrew’s CPS offers an education that acknowledges, respects and nurtures the uniqueness of each person.
Within a framework of Catholic values and teamwork, the students will be challenged and supported to recognise their gifts and develop their potential as they learn and contribute to their community.
DATES TO REMEMBER

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday 21 September</td>
<td>Athletics Carnival Field Events Yr 3-6 (Morning Only)</td>
</tr>
<tr>
<td>Thursday 27 September</td>
<td>5B Assembly</td>
</tr>
<tr>
<td>Friday 28 September</td>
<td>Last day of Term 3 for Staff and Students</td>
</tr>
<tr>
<td>Thursday 11 October</td>
<td>Uniform Shop Open – 10.00am – 12.00pm</td>
</tr>
<tr>
<td>MONDAY 15 OCTOBER</td>
<td>FIRST DAY OF TERM 4 FOR STUDENTS AND STAFF</td>
</tr>
</tbody>
</table>

Congratulations to those children who have celebrated their birthdays recently.


SCHOOL MATTERS

MUSIC PROGRAMME
There are waiting lists for most instruments, but we are looking for more wind instrumentalists and will be offering scholarships for Year 4 and 5 students who would like to play the clarinet, flute or saxophone in 2013. Application forms will be available next term from Mrs Clare Mulholland.

STUDENT MEDICATION
Students may not have medication at school without the written consent of the parent or guardian. If your child needs to receive medication for ongoing medical needs or has health issues that the staff must know about, a medical plan completed by the child’s doctor, must be presented. If there is a short term need, the ‘Parental Request for School Administration of Medication Form’ needs to be completed and medication left with the office staff. This form is available from the school office. A few children with asthma do carry their spray in their school bags, but in all other cases, the medication is held at the school office.

UNIFORM SHOP
The uniform shop will be open during the school holidays on Thursday 11 October, between 10.00am-12.00pm. Children need to be in their full summer uniform for Term 4.

FACTION CAPTAINS FOR ATHLETICS CARNIVALS
Congratulations to the following children who have been chosen as faction captains:

Blue Tapiha M and Ashlynn N
Red Aiden C and Leisel R
Green Ben B and Claudia M

SOCIAL JUSTICE - SUNDAY
We celebrate Social Justice Sunday on 30 September. This year’s Social Justice Statement is titled: ‘The Gift of Family in Difficult Times: The social and economic challenges facing families today’.

The Statement celebrates the vital role of family in our society and examines the pressures that threaten its stability. Work demands, living costs and faces of consumerism are some aspects of our society that impact on families. As Christians we are called to be supportive of all families, especially those in crisis and greatest need.

For further details about the Social Justice Statement, visit the Australian Catholic Social Justice Council website (www.socialjustice.catholic.org.au) or call (02) 8306 3499.
DETECTION OF SCOLIOSIS IN SCHOOL GIRLS – AN IMPORTANT PREVENTATIVE HEALTH MEASURE

The attention of Principals of girls’ schools is drawn to the National Self-Detection Program for Scoliosis which can be found at www.scoliosis-australia.org. It is recommended that the Self-Detection Brochure be downloaded and distributed to girls aged 11 and 13 years (Years 7 and 9 in most states and territories) in July/August this year. Scoliosis (spinal curvature) is an important health problem for adolescent girls and 2.5 per cent are at risk of developing a significant curve. Because in the early stages the condition is most often asymptomatic, screening girls in the age range 11-13 years is a sound preventative health measure. Early detection and treatment, where indicated, result in better long-term outcomes.

HEAD LICE (PEDICULOSIS)

A common, parasitic infestation of the scalp hair. Symptoms include scratching and the presence of “nits” (eggs) and lice in the scalp hair.

<table>
<thead>
<tr>
<th>Transmission</th>
<th>Head-to head contact with an infested person</th>
</tr>
</thead>
<tbody>
<tr>
<td>Incubation period:</td>
<td>7 to 10 days</td>
</tr>
<tr>
<td>Infectious period:</td>
<td>Until lice and eggs (nits) are killed</td>
</tr>
<tr>
<td>Exclusion:</td>
<td>Exclude until after treatment has commenced and live lice removed</td>
</tr>
<tr>
<td>Treatment:</td>
<td>See Appendix 3</td>
</tr>
</tbody>
</table>

APPENDIX 3 – HEAD LICE

A Head Lice Fact Sheet is available from: www.public.health.wa.gov.au, Head infestation

Children with head lice infestation are required to have their hair cleared of lice before returning to school. This can be achieved by parents using an insecticide product purchased from the local pharmacy and used according to the manufacturer's instruction. However, this must be followed by parents physically removing the lice from the hair after the recommended time period using a special knit comb. Hair will need to be checked by parents on a daily basis for the following 10-days to ensure that all lice and eggs have been removed from the hair. Refer to the Department of Health, head lice fact sheet at www.public.health.wa.gov.au.

Alternatively, for those parents who do not wish to use an insecticide the 10-day hair conditioner method of removal can be used.

Head lice can be more easily removed by applying plenty of hair conditioner to dry hair before combing to remove live lice and eggs (nits). Any tube of hair conditioner may be used, including generic ‘home’ brands, together with a metal fine-tooth ‘nit’ comb. Suitable ‘nit’ combs can be purchase from most pharmacies.

What to do

- Apply plenty of hair conditioner to the dry hair until saturated.
- Comb through with an ordinary comb or brush to remove tangles.
- Section and comb the hair thoroughly with a metal fine-tooth ‘nit’ comb in four directions – forwards, backwards, left, and right.
- Wipe the comb on a white paper towel to check that the dark adult lice or the paler hatchlings are being removed. Hatchlings are young lice which emerge from eggs. You may need to use a magnifying glass and a strong light to see the lice and eggs.
- Using white hair conditioner may make it easier to see the head lice.
- When combing is completed rinse the hair conditioner out and dry the hair.
- Repeat this process daily for 10-days to cover the hatching period of the eggs. This removes the hatchlings which emerge from missed eggs.
- Check your findings for adult head lice each day after commencing the 10-day combing period. If any are found this will be a new infestation. You will need to start again from day 1, as new eggs may have been laid.
- Check for lice reinfestation once a week for at least four weeks after completion of the 10-day treatment. Hair conditioner makes the inspection easier.
- Check all other household members for head lice infestation using the method described above, and treat as necessary.
<table>
<thead>
<tr>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>13/14 OCT</td>
<td>15 OCTOBER</td>
<td>16 OCTOBER</td>
<td>17 OCTOBER</td>
<td>18 OCTOBER</td>
<td>19 OCTOBER</td>
</tr>
<tr>
<td>Week 1</td>
<td>Staff &amp; Students Start Term 4</td>
<td>Staff meeting Board Meeting</td>
<td></td>
<td></td>
<td>Junior Sports Carnival Yr P - 2</td>
</tr>
<tr>
<td>20/21 OCT</td>
<td>22 OCTOBER</td>
<td>23 OCTOBER</td>
<td>24 OCTOBER</td>
<td>25 OCTOBER</td>
<td>26 OCTOBER</td>
</tr>
<tr>
<td>Week 2</td>
<td></td>
<td>Staff meeting Reconciliation Workshops 5 &amp; 6.30</td>
<td>Reconciliation Liturgy Reconciliation Workshops 5 &amp; 6.30</td>
<td>No Assembly Interschool Athletics Carnival Yr 3 - 6</td>
<td></td>
</tr>
<tr>
<td>27/28 OCT</td>
<td>29 OCTOBER</td>
<td>30 OCTOBER</td>
<td>31 OCTOBER</td>
<td>1 NOVEMBER</td>
<td>2 NOVEMBER</td>
</tr>
<tr>
<td>Week 3</td>
<td>Swimming 1 – 3 mixed groups</td>
<td>Swimming 1 – 3 mixed groups Mater Dei Orientation Yr7 2013 Staff meeting</td>
<td>Swimming 1 – 3 mixed groups</td>
<td>Swimming 1 – 3 mixed groups</td>
<td>Swimming 1 – 3 mixed groups</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>4W Assembly</td>
<td></td>
</tr>
<tr>
<td>3/4 NOV</td>
<td>5 NOVEMBER</td>
<td>6 NOVEMBER</td>
<td>7 NOVEMBER</td>
<td>8 NOVEMBER</td>
<td>9 NOVEMBER</td>
</tr>
<tr>
<td>Reconciliation Week 4</td>
<td></td>
<td>Swimming 1 – 3 mixed groups Staff meeting</td>
<td>Swimming 1 – 3 mixed groups</td>
<td>Swimming 1 – 3 mixed groups</td>
<td>Swimming 1 – 3 mixed groups</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>4B Mass PW Assembly</td>
<td></td>
</tr>
<tr>
<td>10/11 NOV</td>
<td>12 NOVEMBER</td>
<td>13 NOVEMBER</td>
<td>14 NOVEMBER</td>
<td>15 NOVEMBER</td>
<td>16 NOVEMBER</td>
</tr>
<tr>
<td>Reconciliation Week 5</td>
<td></td>
<td>Staff meeting Board meeting</td>
<td>2B Liturgy Irene Mac Orientation Yr 7 2013</td>
<td>Merit Assembly</td>
<td>Kindy 2013 Orientations</td>
</tr>
<tr>
<td>17/18 NOV</td>
<td>19 NOVEMBER</td>
<td>20 NOVEMBER</td>
<td>21 NOVEMBER</td>
<td>22 NOVEMBER</td>
<td>23 NOVEMBER</td>
</tr>
<tr>
<td>Reconciliation Week 6</td>
<td></td>
<td>Staff meeting</td>
<td>Reconciliation Liturgy</td>
<td>PB Assembly</td>
<td></td>
</tr>
<tr>
<td>24/25 NOV</td>
<td>26 NOVEMBER</td>
<td>27 NOVEMBER</td>
<td>28 NOVEMBER</td>
<td>29 NOVEMBER</td>
<td>30 NOVEMBER</td>
</tr>
<tr>
<td>Week 7</td>
<td></td>
<td>Staff meeting Board AGM</td>
<td>KG to Preprimary Orientation - Parents</td>
<td>Merit Assembly</td>
<td>St Andrew's Day Mass and buddy activity</td>
</tr>
<tr>
<td>1/2 DEC</td>
<td>3 DECEMBER</td>
<td>4 DECEMBER</td>
<td>5 DECEMBER</td>
<td>6 DECEMBER</td>
<td>7 DECEMBER</td>
</tr>
<tr>
<td>Week 8</td>
<td>KB to Preprimary Orientation - Parents</td>
<td>KW to Preprimary Orientation – Parents Staff meeting</td>
<td>Thank you morning Tea Parents &amp; Volunteers</td>
<td>Merit Assembly Carols on the Oval 6.30pm</td>
<td>KG last day</td>
</tr>
<tr>
<td>8/9 DEC</td>
<td>10 DECEMBER</td>
<td>11 DECEMBER</td>
<td>12 DECEMBER</td>
<td>13 DECEMBER</td>
<td>14 DECEMBER</td>
</tr>
<tr>
<td>Week 9</td>
<td>KB and Yr 6 last day Graduation 6.30pm</td>
<td>KW last day Fun Swim Session P – 5 At Arena</td>
<td>Christmas Mass Students Yr P – 5 finish Term 4</td>
<td>Reporting &amp; Staff Development</td>
<td>Reporting &amp; Staff Development</td>
</tr>
<tr>
<td>15/16 DEC</td>
<td>17 DECEMBER</td>
<td>18 DECEMBER</td>
<td>19 DECEMBER</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Week 10</td>
<td>Reports available for pickup by parents. Any not picked up this day will be mailed. 2013 teacher advised with the report.</td>
<td>Reporting &amp; Staff Development Parent/teacher interviews on request.</td>
<td>Reporting &amp; Staff Development</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Term 1, 2013 begins for students on Monday, February 4th.
6 White visited the Life-Education Van to learn about making wise choices in relation to alcohol. Harold told some good jokes too!

Men can usually drink more alcohol than women as they have bigger livers – Shalese

Standard drinks all have the same amount of alcohol – Chevi

The liver of a man is bigger than that of a woman – Mikel

The legal limit for drinking if you are not a P-Plater or bus driver is, 0.05% - Anders

The recommended amount is 2 standard drinks per day, if you choose to drink alcohol – Ben

The legal drinking age in America is 21 - Ryan M/ The liver has to work very hard to process alcohol - Demi

A very small amount of alcohol can be removed through sweat glands – Mikayla

Beer has a small amount of yeast in it – Chloe/ P plate drivers must have a BAC of 0% - Makur

Drinking alcohol is very bad for unborn babies, it can cause birth defects – Lia

100mls of wine is a standard drink – Elaina/ It is illegal to drink alcohol under 18 years of age – Marianne

Spirits have the highest percentage of alcohol – Leisel/ Don’t drink and drive as it dulls your reactions - Mary

Your liver will become diseased if you drink too much alcohol – Ashlynn

Too much alcohol will result in reduction of brain cells - Jess

Drinking is bad under the age of 21 as your brain has not fully developed – Ryan S

Alcohol can cause diseases, brain damage, loss of balance and fights – Claudia G

The nerves in your nervous system are 75 kilometres long – Mille

It takes your liver 1 hour to process a standard drink – Josh

Too much alcohol can lead to stomach ulcers, which are very painful – Garth

1/3 of drownings, ¾ of violent fights and 2/5 of car accidents are caused by drinking alcohol – Claudia M
Kindy Gold have been learning about 'Under the Sea'.

I like sharks because I made a shark. Jake

I liked learning about the dolphins. Gufu

I liked making fish drawings. Summer

I liked the colour of my fish. Joshua

I liked making my octopus. Majok

I liked making dolphins. Brodie

I like sharks because they have sharp teeth. Edoardo

I liked making seaweed out of beads. Rose

I liked the dolphins because they are cute. Bernica

I liked making starfish. Mikala

I liked the scary shark. Alex

I liked making fish. Zachary

I liked making an octopus. Emma

I liked doing an octopus. Skye

I liked the octopus. Noah

I liked making fish. Bianca