The Fruit of the Spirit (Galatians 5:22) Because of our Baptism (with the sacraments of Confirmation and Eucharist) each of us is called to live and grow in the Fruit of the Spirit. As we live out the gifts of our Baptism and Confirmation we strive to allow the Spirit (dwelling within) to manifest itself in our daily lives. This may be evidenced through our personal growth in: love, peace, joy, kindness, patience, trustfulness, self – control, goodness and gentleness. However, within our humanity we are challenged and do not always live out these fruit of the Spirit as we might desire. In short, often we fail. Confirmation is the weekend 16/17 November.

Dear Parents and Guardians,

The end of the school year is fast approaching and there is much going on at school. Please keep referring to the term calendar, the school website and the newsletter to stay updated on school activities.

The Year 6 Graduation Photo was taken on Monday 4 November. The Year 6 children were magnificently groomed in their full summer uniforms. A copy of the Graduation photo will be presented to each graduate at their Graduation on Tuesday 11th December at 6.30pm in the Church.

School Board Annual General Meeting: This important school community meeting is scheduled for 6.30pm on Wednesday 27th November in the school hall. I invite all parents to attend this important community meeting. There are positions available as general members of the Board. Written nominations are required. Nominations should be addressed to the Principal. If nominations exceed positions available an election will take place. Board meetings take place where possible on the 4th Wednesday of the month.

Last Friday we witnessed the children from Preprimary – Year 2 taking part in their annual Sports Day. It was a day of excitement and great fun. I enjoyed the opportunity to circulate amongst the children, teachers and assistants who were fully engaged in the events. It is always lovely when family can attend in support and this year we had support in spades. Well done Mum and Dad! Being present to your children speaks louder than any words you mutter. Congratulations to the Year 6 children who ably assisted at the Sports Day. Thanks again Mrs Peacham, you have done a magnificent job.

Recently the Year 6 children who are attending Mater Dei College or Prendiville College in 2014 attended their Year 7 Orientation days. Those Year 6 children enrolled to attend Irene McCormack College in 2014 will attend Orientation on Wednesday 13 November.

God bless you.

Warren Smith
Principal
SCHOOL NEWS

DATES TO REMEMBER

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday 8 November</td>
<td>Uniform Shop Open 8.00am-9.00am</td>
</tr>
<tr>
<td>Monday 11 November</td>
<td>Kindy Gold 2014 Orientation 1pm-2pm in KG</td>
</tr>
<tr>
<td>Tuesday 12 November</td>
<td>Kindy Blue 2014 Orientation 11am-12pm in Kindy</td>
</tr>
<tr>
<td></td>
<td>Kindy White 2014 Orientation 1pm-2pm in Kindy</td>
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<tr>
<td></td>
<td>Uniform Shop Open 2.30pm-3.30pm</td>
</tr>
<tr>
<td>Wednesday 13 November</td>
<td>IMCC Orientation Day and Parent Evening</td>
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Congratulations to those children who have or will be celebrating their birthday's soon!!


<table>
<thead>
<tr>
<th>YEAR</th>
<th>MAKING JESUS REAL AWARDS FOR THE 7 NOVEMBER</th>
</tr>
</thead>
<tbody>
<tr>
<td>PP</td>
<td>Jack O, Noah M</td>
</tr>
<tr>
<td>Yr 1</td>
<td>Grace W, Victoria M</td>
</tr>
<tr>
<td>Yr 2</td>
<td>Noah B, Matilda D</td>
</tr>
<tr>
<td>Yr 3</td>
<td>Bethany R</td>
</tr>
<tr>
<td>Yr 4</td>
<td>Millie S, Charlotte M</td>
</tr>
<tr>
<td>Yr 5</td>
<td>Geoff J, Lilly V</td>
</tr>
<tr>
<td>Yr 6</td>
<td>Kayla G, Molly S</td>
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</tbody>
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<thead>
<tr>
<th>YEAR</th>
<th>MERIT AWARDS FOR THE 7 NOVEMBER</th>
</tr>
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<tbody>
<tr>
<td>PP</td>
<td>Laranya L, Chloe T, Christopher M</td>
</tr>
<tr>
<td>Yr 1</td>
<td>Catherine P, Hayle B, Tristan F</td>
</tr>
<tr>
<td>Yr 2</td>
<td>Nyankam M, Ellie B, Carlos L, Mumbi T</td>
</tr>
<tr>
<td>Yr 3</td>
<td>Christina F, All of 3 White</td>
</tr>
<tr>
<td>Yr 4</td>
<td>Virginia K, Holly R</td>
</tr>
<tr>
<td>Yr 5</td>
<td>Maya C, Alayna G, Jessica R, Cleo G, Jake D</td>
</tr>
</tbody>
</table>

Making Jesus Real:

**Soft Options (So):** Our human nature is first to work out ways to avoid difficult decisions. If we keep doing this we become soft so that when it is time to make a tough decision we find it a hard thing to do. We give in and take the soft option.

**Billy Carts:** To move a Billy cart up a small hill or on the level you need someone to push you – take away the external push, and it doesn’t move. We are all, at times, like Billy carts – we only work or behave when parents, teachers, or coaches are present and pushing us.

**Snow Flakes:** First cousins to Billy Carts. They melt as soon as the pressure is on saying, “I can’t do this, and it’s too hard”.

**Blisters:** Are related to Snow Flakes and Billy Carts. “They only come out when the work is done.”

Exiting Families: We never like to lose people from our flock but fully understand that this occurs from time to time and for a variety of reasons. Should your child not be returning to Saint Andrew’s Catholic Primary School in 2014, please notify the Principal in writing as soon as possible. In your letter please detail your child’s class, their full name, the departure date and where they will be going to school in 2014.
Making Jesus Real:
Am I a WEST Person?
Thanks is one of the first words we learn when we are young, but by the time children get to Year 5 or 6 many have forgotten how to use it.
We should say the word “Thank you” at least 6 times a day:
• Did I thank my parents for tea last night and for making lunch for me this morning?
• Did I thank my parents for driving me somewhere?
• Did I thank my parents for my clothes being washed and ironed?

Rate yourself as a grateful person. Can I improve?

The Language of Resilient Families by Michael Grose: Resilient families develop their own words and phrases to help each other get through the inevitable tough times that each person experiences. The language of resilience generally refers to coping strategies such as empathy, humour and acceptance. Over the next few weeks I will continue to highlight 10 examples of the language of resilience, the coping skills each reflects and the types of situations where they are applicable.

5. “I know it looks bad now but you will get through this.” Strategy: offering hope Good for: kids experiencing loss, bullying, change or extreme disappointment.
There are times when parents can do nothing else but to keep their children’s chins up and encourage them when life doesn’t go their way. Being the ‘hope’ person can be hard work, that’s why parents need to be supported by resilient people and workplaces too. It helps to be mindful that a child or young person’s resilience is nurtured by the presence of at least one supportive adult. You may have to be that person!

Junior Primary Meetings: There are a number of very important meetings coming up over the next few weeks:
1. 2014 Kindy Gold Orientation. Meeting. 1.00pm – 2.00pm on 11/11/13 in Kindy Gold.
2. 2014 Kindy Blue Orientation Meeting. 11.00am – 12.00pm on 12/11/13 in the Main Kindy.
3. 2014 Kindy White Orientation Meeting. 1.00pm – 2.00pm on 12/11/13 in the Main Kindy.

Farewell: Tomorrow we say farewell to our 3rd Year Edith Cowan University Student Teachers. Miss Bonny Carroll (Year 1B) and Miss Kayla Swinny (2W) have both experienced highly successful periods of student practice. Both ladies have been warmly embraced by their home classes, have listened to their mentors and are well on their ways to successful 4th Year experiences in 2014. The community of Saint Andrew’s Primary school wishes them well.

2014 Booklists: Last week’s newsletter featured a front page article all about the process of ordering from the 2014 booklists. The booklists were distributed to all children last week. The book lists are very easy to read and provide all the information needed for parents and guardians to ensure that children turn up to school with all of the equipment they require for a successful start to the 2014 school year.

School Fees: Thank you to the families who have already met their fee commitments for the 2013 school year. I remind all other families that unless you pay by direct debit, credit card or B- Pay your school fee account should be fully met ideally by the end of Week 4, Term 4 or by 28th November which is the deadline. As you can imagine schools operate on sizeable budgets and the paying of school fees has a determining factor in meeting expenses.

Car Parking/ Kiss N Ride: I remind all parents that in order to alleviate the pressure on the kiss n ride it would be fantastic if more parents of students in Year 3 - 6 dropped off and picked up their children in the Anthony Waring Oval car park (93 car bays), the Saint Andrew’s Church car park (31 car bays) or at the Waring Green gate where there are 16 car
bays. If you are picking up at the kiss n ride and it is backed up please DO NOT park in the entrance to the main drive area or block the drive through area. The correct procedure is that if you drive your car into the school kiss n ride area and find no space to park then you should drive through turn Right into Victorsen Parade and drive up to the roundabout, navigate it and re-enter the school car park until you can find a stationery park or get into the kiss n ride.

**Year 7 Orientation Parent Nights.** As previously advised the parent night for students attending Year 7 at Prendiville College in 2014 was held on Tuesday 29 October. The parent night for students attending Year 7 at Mater Dei College in 2014 was held on Wednesday 30 October. Parents, please contact the high schools if you have missed the meetings. The Year 7 Orientation Day for students enrolled to attend Year 7 at Irene McCormack College is scheduled for Wednesday 13 November. PLEASE NOTE parents of students drop off and pick up their children for this event. The parent night is held that same evening.

**Kindy Gold Thank You:** Kindy Gold would like to thank Livinia’s Dad, Trevor Bastow for his kind donation of a wood work table and wood offcuts for the children to use. The children have thoroughly enjoyed hammering nails, making lots of noise and being creative over the past week.

**Internet Safety Tips:**

- Tell your children if they are uncomfortable talking to you they can contact the Cybersmart Online Helpline (Kids Helpline) [www.cybersmart.gov.au](http://www.cybersmart.gov.au)
- Place the computer in a family area of the home - the family or living room, rather than a bedroom.
- Install an internet content filter. This can be used to restrict what content is viewed and downloaded or the times when they can use the internet.

**Library Thank You:** Dear Parents and staff, thank you once again for your donation of books purchased during the recent Book fair. The books have been processed by being accessioned, labelled, covered and a donation label placed inside. The books are being distributed to your child/children as the first borrower of the book. Some children have declined to take the book purchased. Thank you Mrs D Parody, Mrs H Thomson, Mrs N McCosh and Mrs H Smith for all the hard work involved in getting these books into the system as quickly as possible.

**Canteen News:** To keep our canteen in healthy canteen guidelines, we are changing to “Four n Twenty” School range pies and sausage rolls. These products are approved by the Heart Foundation, Star Choice and follow Government canteen guidelines. 175g Aussie meat pies will be $4.00 each and 125g Aussie meat sausage rolls will be $3.80 each. The pies and sausage rolls are tasty lean meat in reduced fat pastry. Pastries are registered as an Amber product. Unfortunately, Spinach and Ricotta rolls will not be on the menu any more.

**Uniform Shop:** All Pre-ordered uniforms are now available for collection.

**PARISH NEWS**

We now invite **boys and girls** to renew or join the Alter Serving Ministry. A form needs to be completed which is available on the table (near the Holy Water) at the front of the Church. Anybody who has received First Communion or Confirmation are welcome to join. Father Rainier will be the coordinator and instructor for this wonderful service to the altar. Regular training times will be announced by Father Rainier.
Remembrance Day

The poppies grew in between the graves. Charli
Medals are made of specific metals. Lottie
In Flanders Fields the first thing to grow was the
poppy. Hazel
We pause for a minute’s silence. Jasmin
Flanders Fields is in Belgium. Logan
We remember all of the soldiers who
have died. John
We have learnt how hard soldiers work
to keep our country safe. Luka
Poppy seeds contain a drug that can be
used as a medicine. Tayissa
Ben Robert-Smith is a real hero. Ben
There is a Flanders Field in Belgium and in France.
Emily-Rose
That women were not allowed on the front line. Hayley
Lots of people died. Caelan
People wear poppies on Remembrance Day.
Keira
People wear poppies to remember those who
fought in the war. Christian
We learnt the song ‘Can you hear Australia’s
Heroes Marching?’ Ashleigh
Poppies grow like a weed. Joshua
We learnt the poem ‘In Flanders Fields’. Ami-Rose
We stand in silence for a minute on the 11/11 at 11
o’clock. Cyle
Poppies grow in the colder climates. Anthony
Ben Robert-Smith has retired from the SAS.
Ellyannah
Remembrance Day is celebrated all over
the world. Lexi
Poppies can symbolise peace, sleep and death.
Aleisha
We remember the people who died in the war.
Jacob
Many men were buried at Flanders Fields. Tighe
Poppies were the only thing growing in
the wartime. Ella
Poppies are a common weed in England. Jessica
Poppies are red. Maximus
People lost their lives at war. Spencer
Absent: William and Kian.
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