“I’ll just go with the guys on the bus.”
What Pope Francis told his limo driver and security driver after his initial introduction to the crowds in Rome.
Attitudes are contagious, is yours worth catching?

Dear Parents, Students and Staff

As you are probably well aware Saint Andrew’s Catholic Primary School uses the ‘Making Jesus Real’ (MJR) program as a primary vehicle in evangelising our students. It is fantastic when I walk around the school and hear the children using examples of MJR language e.g.: You are being a really WEST person today (Welcoming, Encouraging, Supportive and Thankful), I am turning my back on EAST behaviour (Excluding, Annoying, Sulking and Talking back), Billy was fantastic in Science; he built a bridge and got over it when his experiment failed, Jackie is a real ‘go cart’ (a person who is self - motivated), Simon who told the teacher Johnny was trying not to be a ‘snowflake’ (someone who melts under pressure) or Jessica who is ‘flying like an Eagle’ (absolutely doing brilliantly in something).

In the last three newsletters I have written of strategies that may be helpful to you as Parents and Guardians in building resiliency amongst your children. Maybe you can google Michael Grose to read more about the Language of Resilient Families? Newsletter (34/2016) featured a full page about bullying. It offered a clear strategy for use if a child addresses you about what is an important issue in life.

Children are very perceptive; they are able to read the body language of adults, understand far more than they are sometimes given credit for by their parents / guardians and show us frequently that they can put puzzles together quite effectively. Sometimes, however, they have difficulty handling social interactions within the family and or broader community. Parents / Guardians and Children could try the THINK principle:

T: is it true?
H: is it helpful?
I: is it inspiring?
N: is it necessary?
K: is it kind?

Maybe if everyone employed the THINK principle we would all contribute to building up community and not tearing it down?

In closing I wish to thank the members of the Saint Andrew’s School community for giving me a wonderful tenure as Short Term Principal. On reflection, I particularly point out our fantastic children, who have been so well behaved and hard - working, the staff who are professional and industrious and the many parents who respect our efforts on their behalf and seek assistance in a calm, courteous, and appreciated manner.
We welcome Mr Fontaine back to the school effective Monday 21st November, 2016. 😊

God bless

Warren Smith
SHORT TERM PRINCIPAL

VISION STATEMENT
St Andrew’s CPS offers an education that acknowledges, respects and nurtures the uniqueness of each person. Within a framework of Catholic values and teamwork, the students will be challenged and supported to recognise their gifts and develop their potential as they learn and contribute to their community.

DATES TO REMEMBER

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Friday 18 November</td>
<td>Staff Prayer: 4W Merit Assembly</td>
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<tr>
<td>Sunday 20 November</td>
<td>Our Lord Jesus Christ King of the Universe (Final Day of Year of Mercy)</td>
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<tr>
<td>Monday 21 November</td>
<td>Mr Fontaine returns to school</td>
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<tr>
<td>Tuesday 22 November</td>
<td>Playgroup 9.00am-12.00am Orientation Meeting for ALL Kindy (2016) Parents in the Pre-Primary classroom at 2.00pm</td>
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<tr>
<td>Friday 25 November</td>
<td>Saint Andrew’s Day celebrations – School Mass Water Slides for Year 1 – Year 6</td>
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<tr>
<td>Monday 28 November</td>
<td>Music Gala at 8.45am in the Hall followed by Volunteers Thank You Morning Tea at approximately 10.20am School Fees Due (Last Day)</td>
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<tr>
<td>Tuesday 29 November</td>
<td>Playgroup 9.00am-11am Hall Nativity Concert and Picnic Dinner on the school Oval from 5.00pm followed by the Nativity at 6.00pm. Evening concludes about 6.30pm</td>
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<tr>
<td>Wednesday 30 November</td>
<td>Saint Andrew’s Day End of Year Mass at 8.45am (Church)</td>
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<tr>
<td>Monday 5 December</td>
<td>Free Dress Day (Theme – “Holidays”) Gold Coin Donation</td>
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<tr>
<td>Tuesday 6 December</td>
<td>Playgroup 9.00am-11.00 Last Day Kindy and Pre-Primary – Water Fun Day Kindy Christmas Party KINDY LAST DAY</td>
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<tr>
<td>Wednesday 7 December</td>
<td>Year 6 Graduation – Mass at 6.30pm in the Church, followed by presentation in the Hall. LAST DAY YEAR 6</td>
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<tr>
<td>Thursday 8 December</td>
<td>Final Assembly – School Choir singing carols 2017 Class Orientation Years PP-Yr 6 (10.40am-11.30am) Class Lists on Display</td>
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<tr>
<td>Friday 9 December</td>
<td>LAST DAY OF TERM 4 FOR STUDENTS PP-YEAR 5 School reports sent home</td>
</tr>
<tr>
<td>Tuesday 31 January</td>
<td>Uniform Shop Open 9.30am-11.30am</td>
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Happy Birthday to
Matilda B, Lara B, Josh C, Orlando H,
Meisha C, Lauren B.
Kayne C, Ajak M
We heard you are having a birthday!
We hope you have a happy day!

SCHOOL NEWS

Making Jesus Real:
Anger Management – We can react to our anger with: Poor coping skills or improved coping skills. These points may be of help with family discussion on Anger Management:
• Jesus got angry with injustice and the Pharisees.
• Just as there was a process that made us angry, there is also a process to cope with anger.
• The more I learn to take care of my anger, the stronger the person I become.
• I try to control the anger.
• Hot thoughts keep me angry – cool thoughts calm me down.
• I can express my angry feelings in ways that are fair to others.
• I can chill out – remove myself from the situation – walk away – count to at least ten before I speak, then let people know calmly that I am angry and that I am going to control it. Sometimes in a group some mean people (bullies) keep pushing until you explode, and that's exactly what they want. When you control it, it really gets them upset.
• Very often when we cool down and think a little clearer we can be very embarrassed about what we said or did.
• We should express our anger in a controlled way – if we keep bottling it up it can explode.

The Language of Resilient Families by Michael Grose: Resilient families develop their own words and phrases to help each other get through the inevitable tough times that each person experiences. The language of resilience generally refers to coping strategies such as empathy, humour and acceptance. Over the last few weeks I have mentioned examples of the language of resilience, the coping skills each reflects and the types of situations where they are applicable.
“Don’t worry – relax and see what happens!” Strategy: Flexible thinking Good for: kids who catastrophise; or blow things out of proportion.

While most of us catastrophise at times, jumping to the worst possible conclusion, it is a habit that only exaggerates anxiety. When kids constantly think the worst case scenario, challenge their views. “Yes, you could end up not knowing anyone at camp but you won’t be the only one. Besides you’ll probably end up making new friends like you generally do.”

Exiting Families: We never like to lose people from our flock but fully understand that this occurs from time to time and for a variety of reasons. Should your child not be returning to Saint Andrew’s Catholic Primary School in 2017, please notify the Principal in writing as soon as possible. In your letter please detail your child’s class, their full name, the departure date and where they will be going to school in 2017. There is a transfer letter that goes to the new school from Saint Andrew’s CPS.
There are a number of very important events coming up over the next few weeks:

2017 Pre-Primary Orientation Meeting. For all 2016 Kindergarten parents. 2.00pm – 2.45pm on 22 November 2016, in the Pre – Primary classroom.

Saint Andrew’s Day celebrations will be held on Friday 25th November. The day will commence with a school Mass at 8.45am in the Church. Later in the day the Year 1 – Year 6 classes will take part in the Water Slide events provided by our very generous and hard - working P & F Committee. The Kindy-Pre-Primary water slide day will be held on Tuesday 6th December.

A Whole School Music Gala will be held in the hall commencing at 8.45am on Monday 28th November. More details will be provided at a later date. The annual Volunteers Thank You Morning Tea will occur at the conclusion of the Music Gala.

Nativity/Carol Night on the school Oval / Picnic Dinner will be held on Tuesday 29th November. Please don’t forget to put this important whole school event in your diaries. The Kindy children are presenting the Nativity, some students from Year 5 will be narrating and the whole school will be singing the carols led by the school choir.

Kindy children will be wearing costumes and the rest of the students can wear shorts/jeans and a Christmas tee-shirt or a tee-shirt in Christmas colours. Choir members can wear a Christmas hat.

Picnic on the oval is from 5.00pm onwards, followed by the performance of the Nativity at 6.00pm. The evening should conclude at about 6.30pm.

The Year 6 Graduation will take place in the Church at 6.30pm on Wednesday 7th December. Students’ should present in full summer uniform with boys wearing a school tie. Please also note:

- Correct closed-in school shoes that are freshly polished are the only acceptable footwear for this special occasion.
- The wearing of a watch is permissible.
- Hair elastics and ribbons should be in school colours – sky blue/navy blue.
- School socks
- No jewellery should be worn other than a crucifix or religious medal under clothing.

Mass will be followed by the presentation of awards, the viewing of a PowerPoint which is currently being worked on by the graduating class and a light supper. Families are advised to circle this date on the Term Planner.
School Remembrance Day Service, Friday 11/11/16: This was an amazing presentation prepared by the Year 2 Team! Our very capable student hosts, Grace and Brianna, spoke with clarity and expression and the remembrance ran smoothly. I was impressed by the ambience created by the Year 2's. The lovely poppies adorning the edge of the stage and the magnificent prayer focus were superb. From the moment we walked into the hall we were aware that this was an occasion where we should be respectful of all men and woman who have served Australia in theatres of war since colonisation. I congratulate all the students in attendance for the respect they have shown on this special occasion.

You’re On A Jar this Month; Saint Andrew’s P and F is on a Local Matter jar at Grill’d Ocean Keys: If you are eating out as a family in the month of November please consider eating at Grill’d Ocean Keys. ‘Local Matters’ is the Grill’d restaurant community donation program that sees each Grill’d restaurant donate $500.00 back into the community every month. The donation is split between 3 local community groups $300 / $200 / $100. Simply eat your food and having received a grilled token with your order place it into the container labelled Saint Andrew’s P & F prior to leaving the restaurant. Please help our P & F, help our children.

School Fees are very important: Thank you to the families who have already met their fee commitments for the 2016 school year. The deadline for 2016 school fees is Monday 28th November. Fees can be paid by cash, credit card, and direct debit or B Pay if these options are in place. As you can imagine schools operate on sizeable budgets and the paying of school fees has a determining factor in meeting expenses.

Driving and Parking in the vicinity of the school: Parents please be mindful of how you drive in Waring Green. Parents who park off Waring Green please be aware that it is safer to walk over to the school gate and escort your child back to your car. Remember, some of our neighbours have considerable issue with cars parking on their lawn and breaking reticulation systems.

Thoughts for us all:
You cannot do a kindness too soon, because you never know how soon it may be too late.
When you change your thoughts, you change your world.

MUSIC GALA
The Music Gala will be held in the hall on Monday 28th November starting at 8.45am.

All students who are having music lessons in school with Ms Perry, Mr Jansen, Mrs Oakes or Scott will perform individually or in an ensemble. The school band will also perform, and the whole school will be coming to watch. Everybody is welcome. Thank you. Mrs Mulholland.

YOUNG VINNIES CHRISTMAS HAMPERS
A MASSIVE Thank you for all the amazing donations provided by the students at Saint Andrew’s for the Young Vinnies Christmas Hampers! We are so grateful for your support and have packed and wrapped over 30 Christmas Hampers for those in need in our community.
God Bless from all the Young Vinnies crew, Miss Poz and Mrs Parrata
SUMMER UNIFORM ORDERS
Summer uniforms orders can be collected from the Uniform Shop from the 29 November to 9th December.

VACSWIM
Give your child the opportunity to learn vital swimming and water safety skills. Enrolments are now open for summer school holiday swimming lessons. Simply select a program and enrol online at education.wa.ed.au/swimming or telephone 9402 6412.

SELF DEFENCE AND SAFETY AWARENESS WEEK 7
GKR Karate will be presenting a self defence and awareness clinic to the students of St Andrews during their PE sessions in week 7. The aim is to introduce to children the positive aspects of karate, with an emphasis on building confidence, improving discipline, non-violence and respect. It is also great for fitness, while developing a health body and mind.

It is well known that children who train in karate are less likely to become bullies (or be bullied) and are less susceptible to negative peer pressure.

We look forward to welcoming Gavin Smith and his team from GKR Karate to work with our students. 😊 Mrs Riley

AFL CLINICS WEEK 5
We would like to thank the West Perth Football Club for presenting AFL skills clinics to our students last week. All of the students actively participated in skill drills and activities.

Our Year 4-6 girls were invited to an extra skills training session on Thursday during lunch and 2 additional clinics will be held at lunch on Thursday’s 17th and 24th November. We look forward to seeing the girls again at these sessions.

Thank you students for enthusiastic participation and I’m sure you we will do it again next year. 😊

Mrs Riley
Christmas Around The World!

In Year 3 this term our Listening and Speaking topic was Christmas around the world. We had to research how Christmas is celebrated in different countries.

In Italy there are famous Christmas displays at the Colosseum. **Brodie**

Brazil’s Santa is called Papa Noel. **Mitchell**

Italians eat a sweet bread called Panettone. **Zac K**

Santa’s name in China is Dun Che Lao Ren. **Alexis**

Lots of people gather together for dinner in Australia. **Jessica**

Ethiopians celebrate Christmas on January 7th. **Lauren**

Greenland is where Santa comes from. **Deltra**

We go out to Church and sing Christmas carols in Zambia. **Towera**

Polish people eat 12 special dishes. **Laranya**

In France, children put their shoes in front of the fireplace for Santa to fill. **Kavina**

Argentina’s decorate their houses with gold, white, green and red wreaths. **Siah**

The tradition of the nativity originated from Italy. **Bianca**

Papa New Guinea feast on pork at Christmas. **Rose**

In Spain people eat turkey stuffed with truffles. **Andrew**

In Ethiopia they go to Mass at 4am. **Jaxon**

Brazil’s main tradition is Presépio – Nativity Scenes. **Noah**

In Finland they call Santa Joulapukki. **Rhys**

Italian children go to other people’s house to sing Christmas carols. **Edoardo**

In Canada Santa is called Pere Noel. **Zachary**

Italians believe La Befane delivers the gifts to children. **Ben**

Mexicans eat romerites. **Kumeroa**

In Brazil they have a different food at Christmas. **Lachlan**

Christmas is the most important celebration in the Phillipines. **Rouen**

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**Blake, Tanika, Brandon**