NEWSLETTER 26 2014
11 SEPTEMBER 2014

If you’ve forgotten the language of gratitude, you’ll never be on speaking terms with happiness.
(Goodnessgraciousme.com)

Dear Parents and Guardians

Last week saw the teaching staff of Saint Andrew’s Catholic Primary School attended the two day Catholic Education Office Western Australia: **LEADING a CALL TO ACTION 2014 Curriculum Conference.** This two day event was an opportunity for us to learn of the work of Canadian educator and author Lyn Sharratt, who addressed the topic of an aligned and focussed system of education that targets school and teacher improvement that leads to increased student improvement. The staff had an opportunity to select from a wide variety of educational workshops and lectures which will lead to some wonderful discussions and debates! I am sure that we will have these foremost in our minds as we continue to work for school improvement in late 2014.

Last Thursday 5B entertained us with a fabulous **Father’s Day Assembly.** I am sure that those dads who made it to the presentation were deeply moved by the profound messages imparted by the children in Mrs Waddell’s class. Congratulations on a wonderful assembly 5B. Friday the 5th September saw many of our students dress in their favourite **Footy colours.** The school raised money for the missions and this will be immediately distributed in order that somewhere in the world the severely disadvantaged have more opportunity in terms of medical treatment, education, shelter, food, water, jobs and safety. Our annual staff driven **Father’s Day Breakfast** saw an amazing number of Saint Andrew’s students and their Dad’s attend school to share in a wonderful breakfast and simply enjoy each other’s company! My thanks are extended to the many staff who pitched in to help our organising committee which was led by Mrs Karen Young.

This week the school sent boys and girls Year 5 / 6 soccer teams to the annual SEDA **Interschool Soccer Carnival.** Mrs Peacham was delighted with the efforts of our representatives and spoke glowingly of their sportsmanship and levels of performance.

Yesterday between 3.00pm and 6.00pm we held our **2014 Open Afternoon.** The staff worked hard to have the school looking lovely. Work was displayed in an attractive manner with all students being able to proudly share stories with parents. The afternoon also enabled parents to take a few minutes to make contact with teachers. Many families visited other classrooms, no doubt getting a ‘feel’ for the higher grades children will graduate to in 2015.

God bless you

NOTES SENT HOME THIS WEEK

Kindy
Policy on Bullying

Warren Smith
Principal
DATES TO REMEMBER

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Tuesday 16 September</td>
<td>Staff Meeting</td>
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| Wednesday 17 September| 5W Mass  
Musical Soiree 3.00pm – Hall  
Board Meeting 6.30pm |
| Thursday 18 September| Athletics Carnival Years 3-6 Track and Tabloid Games                 |
| Friday 19 September | Athletics Carnival – Finals Field Events Years 3-6  
Presentation of Medals  
P&F Meeting 1.30pm - Hall Boardroom |
| Tuesday 23 September| Jump Rope for Heart Jump Off Day –  
Wear Something Red PP-Year 6 |
| Thursday 25 September| MJR Awards Assembly  
SVDP (for Camp Quality) and Loom Band Stall –  
Gold Coin Donations for one loom band product per child & Free Dress |

Many Happy Returns to.............
Francesco R, Jordan B, Destinie M, Kai M, Jacinta B, Lachlan M

MJR AWARDS – 4 SEPTEMBER 2014

<table>
<thead>
<tr>
<th>Class</th>
<th>Winners</th>
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<tbody>
<tr>
<td>Preprimary</td>
<td>Zoe M, Jacob P, Max M</td>
</tr>
<tr>
<td>Year 1</td>
<td>Lucas C, Summer W, Gryffyth B, Tess B</td>
</tr>
<tr>
<td>Year 2</td>
<td>Deegan P, Grace O, Ryan I, Alana R</td>
</tr>
<tr>
<td>Year 3</td>
<td>Ella P, Eleanor M, Lily S, Drew C</td>
</tr>
<tr>
<td>Year 4</td>
<td>Amelia D, Amy B, Sarah R, John C</td>
</tr>
<tr>
<td>Year 5</td>
<td>Elizabeth M, Millie M, Rhianne M, Nyandeng D</td>
</tr>
<tr>
<td>Year 6</td>
<td>Maisie M, Alyssa C, Ayden O, Geoff J</td>
</tr>
</tbody>
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What's In It For Me? (WIFM)

Very often, both at home and at school, in sports and interest groups, you may be asked to help in a small way. The negative people will go by the WIFM idea – if there is nothing in it for them, they don’t want to help. In Australia, most of the sports and interest groups are run by volunteers. If we all worked with the WIFM idea we would have a much sadder world.

Happiness comes from giving of yourself. Very often, it is a drag to volunteer, but at the end of the event there will be an inner glow of satisfaction. That very often comes from helping others. This is strongly linked to Teamwork at Home (TAH). Imagine how a household would be if parents worked with a WIFM approach. All of our sporting activities (netball, football, soccer etc) are built around so many unsung heroes who volunteer. Do you ever thank coaches and umpires after a game?

A BAD ATTITUDE IS LIKE A FLAT TYRE. YOU WON'T GET ANYWHERE UNTIL YOU CHANGE IT.  
(Acknowledgement: From – “Every Day is a MJR Day”; Catholic Education Office, Hobart – P Mitchell)

School Fees: Thank you to the many fantastic parents who have paid their school fee accounts and are fully paid or up to date. By now three quarters of the school fees should have been paid. Please contact Mrs M. Rafferty for fee updates and payments. Your attendance to this important aspect of schooling is very much appreciated.
Music Soiree:  Next Wednesday afternoon the 17 September, the annual Musical Soiree is being held in the hall from 3pm. Mrs Cathy Oakes, our talented piano teacher, has kindly organised a recital for those instrumental students who would like to perform. I have attended the last two soirees and can testify to both the student's levels of dedication and their improvement due to the instrumental lessons they undertake both at school and privately. We are truly blessed to have amazing instrumental tutors engaged. Mrs Oakes, Miss Perry, Mr Young and Mr Jansen are all committed to our school and your children.

Meetings of St Andrew’s School Board and P & F:
- Board Meeting 6.30pm Wednesday 17 September. (Week 9)
- P & F Meeting 1.30pm Friday 19 September. (Week 9)

Jump Rope for Heart Demonstration Team Visit: Tomorrow, 12th September, the Jump Rope Team will visit our school at 10am to show our students some of the most amazing moves and tricks that one can perform with a skipping rope! This term has seen Mrs Peacham teach and generate a lot of student interest in the activity known as skipping. I have been amazed at how many children are involved in all kinds of skipping activities both during morning fitness and in personal time at recess and lunch times. Jump Rope for Heart Day is scheduled for Tuesday 23rd September. On this day sponsorship monies are brought in to school and children have a wonderful time with the many skipping activities that are set up. Please help the Heart Foundation by generously donating.

More Great Performing Arts News:  Congratulations to Jessica M, Amelia R and Rhiannne M, three of our students who recently received Certificates of Merit for their wonderful Primary Piano solo’s in the 2014 Catholic Performing Arts Festival. Each of the girls is taught by our piano teacher, Mrs Cathy Oakes.

Fundraising for Motor Neurone and Cancer:  My thanks to Miss Danielle Pozarowszczyk who successfully established a fundraising opportunity after school on Friday 30th August. In very wet conditions several brave staff received buckets of frozen ice and cold water to their already chilled bodies! I was very impressed by the large crowd that gathered to witness this activity and give thanks to them for their generosity. Donations for this event were in excess of $700.00. The Year 6 students have kindly agreed to bolster this amount with the money they raised last term when they held their Year 6 Mission day. We selected Motor Neurone and Cancer agencies as the primary recipients of this money because we have community members who are currently engaged in treatment plans. We wish all those individuals and their families well.

Kindergarten Photo Day / Graduation Photo Correction:  We apologise for the incorrect information that has been distributed. The correct dates will be published in the Term 4 Planner and are as follows:
- Monday 27th October: Kindergarten Blue (Mrs Zjacic)
- Friday 31st October: Kindergarten White (Teacher Mrs Wildman) and Year 6 Graduation Photo (Teachers Miss Watkins and Mr Waddell)
- Friday 7th November: Kindergarten Gold (Teacher Mrs Lo Faro)

Lost Property:  There has been a lot of property displayed on the Lost Property table throughout Term 3. At one point we moved the table to a more visual location near the office. This has not really led to adults checking for lost items. If the current batch of clothing is not claimed by the end of Week 8 (September 12th) we will send it on to Saint Vincent de Paul.
Uniform for Term 4: Please be aware that the children commence Term 4 wearing the full summer uniform. As a courtesy we usually give a one week period of grace before enforcing our uniform policy. Now is an appropriate time to check your children’s uniform stocks. During the winter period many children experience growth spurts and it can be quite a shock in October when they put on school uniforms that they last wore in April. Parents of Year 6 children are advised that their children will be expected to wear the full summer uniform throughout Term 4 and that this should fit correctly – especially at Graduation in December. 😊

If for any reason you have concerns about your child’s education, their health or wellbeing please observe the following procedures which are in place for the efficient management of the school:

1. Make an appointment to see the teacher(s) concerned using the parent request for interview form which is available from the classroom teachers or from administration.
2. Meet with the teacher(s) and clearly explain the concern you have. Give them an opportunity to work through a process to resolve the issue. Sometimes, this takes time and may require multiple visits. Do not become impatient. Often as we know situations can be complex and ‘catching up’ with people is challenging. Conversely, if teachers need to speak to parents/guardians they will contact you using the teacher request for interview form.
3. In conjunction, the teacher(s) and parents will approach the Assistant Principals (Mrs B. Jones, Kindergarten – Year 2 and Mr Fintan Archer Year 3 -6) if they are of the opinion that a concern requires further investigation or intervention.

It is important that we all understand that parents should observe these procedures. The staff in the employment of Saint Andrew’s Catholic school are effective communicators and they follow the above procedures as well as reporting to the Principal as they deem it necessary.

Reflecting on your role as a dad as we’ve just had Fathers’ Day? Here are a few ideas from Parentingideas.com.au

BEING A GREAT DAD.

Fathering has changed in recent years. Gone is the distant dad of the 1960s and 70s who saw his main job as keeping a roof over his family’s head and bread on the table. An occasional game in the backyard and dishing out the heavy discipline that mums couldn’t deal with was the extent of his involvement with his kids. Many dads say they want a better relationship with their children, particularly their sons, than they had with their own fathers. Sadly, many men still don’t enjoy a close relationship with their fathers, but they are determined to change things with their own sons. Here are 7 ideas to help you form a close relationship with your kids, and maximise your effectiveness as a parent and a partner:

1. **Find something in common with your kids** - you can relate better when you have a shared interest.
2. **Spend time with your sons** – just be careful not to push them too hard or turn every game into a lesson.
3. **Don’t whim out on discipline** – it helps if both parents can take their share of managing children’s behaviour.
4. **Treat your daughters well** – dads teach their daughters strong lessons about how they should be treated by males. So, treat your daughter respectfully so they learn to expect this treatment in their future relationships with men.
5. **Say goodbye Superman, hello Clarke Kent** – adolescent boys are programmed to challenge their fathers. It’s part of the growing up process. A dad at this stage needs a sense of humour as well as willingness to stand back and allow other mentors in to his son’s life.
6. **Support your partner** – supportive fathering is one of the keys to better mothering.
7. **Change as your child changes** – one day they are kids, the next they are teenagers. The most effective dads are those who change their parenting to suit the needs of their kids at each stage of development, rather than stubbornly hold out to outmoded ideas of how they think their kids should be.
Those dads who are a little apprehensive or lack sufficient confidence should become involved in as many aspects of parenting as they can. The best way to learn about parenting is by doing it. By being alert, watchful and learning to listen to their children, fathers can learn all they need to know about parenting.

COMMUNITY NEWS

A healthy lunch box: Sandwiches are a great lunchtime food because they are so easy to make. There are many different sandwiches you can put together. Try something different each week and your child will never get bored. Consider different breads, (eg. wholegrain, wholemeal, white or rye), and slices of pumpkin bread or fruit bread for something different. You can also choose from a range of shapes (eg. sliced bread, round rolls, long rolls, pita breads or French sticks). The trick to a good sandwich is making sure it does not go soggy. Don’t forget to pack snacks for the morning and the afternoon. Fruits are a great snack to pack either whole, chopped or dried. Last of all - always remember to pack some water.

Raising Children Network
Children are as individual and as different as their parents and making decisions about what’s best for raising children is very personal.

The Raising Children website offers up-to-date, research-based material on more than 800 topics spanning child development, behaviour, health, nutrition and fitness, play and learning, connecting and communicating, school and education, entertainment and technology, sleep and safety. It covers grown-ups, newborns (0-3 months), babies (3-12 months), toddlers (1-3 years), preschoolers (3-5 years), school-age children (5-9 years), pre-teens (9-11 years), and early teens (12-15 years).

There are tips, videos and other useful resources. The Raising Children Network provides information that can help parents with the day-to-day decisions of raising children. It also provides information to help parents and carers look after their own needs. The information is based on the best science in parenting, child health and development, presented in language we can all understand. This is a website for Australian mothers, fathers, grandparents and anyone else who has responsibility for the care of children. www.raisingchildren.com.au

Nurse Marie

Healing Service with Fr John Rae: A Healing Service with Fr John Rae is to be held on the 7th October 2014 at St Andrew’s Parish Clarkson. All are welcome to join in this special service to be held at 7.30pm. RENOWNED healing priest Fr John Rea is back and is set to help people suffering from physical and mental afflictions once again. Scores of people around the world have attributed miraculous healings to the prayers of New Zealand’s Marist priest over the past 40 years.

From: ICEA Foundation: Indigenous Communities Education and Awareness) ICEA Classic 2014: We hope you are all getting as pumped as we are for the ICEA Classic 2014, as it is this coming Saturday! How Deadly! We would love to see you and your students on the day so make sure you’ve got it down in your diary to be at Cottesloe Cove this Saturday, 13th of September. On the day come get involved in cultural workshops, dance workshops, yoga and our expression sessions where we will get you in a wetsuit and out on the water! We will be holding a whole bunch of significant cultural activities including a smoking ceremony, which is traditionally done to cleanse, ward off evil spirits, and provide us with great frothy vibes for the day. It is going to be a jam packed day of surfing, culture and live music.
We were very lucky to have Officer Aleisha and Officer Mel come to visit us in Kindy Blue. They even bought along their police car! We got to have a ‘drive’ and sit in the back. We tried on the police uniforms too. Our favourite part of the incursion was when we were allowed to speak on the police radio!